

Gurudev Speech before Mnatra

I will first explain the philosophical base of Siddha Yoga. The truth is that until now religion (dharma) has not been able to bring about a transformation in mankind. When all kinds of incurable diseases are cured through a spiritual master, the scientific community is astonished by such a claim. In Kali Yuga (Age of Falsehood) dharma has been gradually declining. But there is a limit to the fall of dharma. When there is no space left to fall further, dharma must arise once more. All civilizations rise and fall. That is the law of nature. Humankind has now entered a phase where it has begun to ascend. Sanatana Dharma will be a universal religion. Humanity cannot realize the truth only through sermons and teachings. If it could, it would have done so long ago.

There is a lot of interest around the world in Yoga and the Kundalini. The West has come to realize that peace cannot be attained through wealth or armed force. The only way to establish world peace is through spiritual force. And spiritual force can be manifested only through the awakening of the Kundalini. Throughout the world only physical exercises are being performed in the name of Yoga. When I went to the United States of America I saw that there too, Yoga meant physical exercise. But the aim of the Yoga described in Vedic philosophy is Moksha or liberation from the cycle of life and death. In fact, Vedic philosophy does not speak of diseases at all.

For instance, the Patanjali Yoga philosophy has 195 aphorisms (sutras) and none of those mention anything about diseases. The philosophy speaks of the ways in which the imprints (samskaras) of past lives can be destroyed. The Patanjali Yoga philosophy is divided into four Paad (Chapters): Samadhi Paad, Sadhan Paad, Vibhuti Paad and Kevalya Paad. In the first chapter, "Samadhi Paad," in the very second aphorism Sage Patanjali describes Yoga as the cessation of the tendencies of the mind. The mind is always in turmoil. And meditation or Yoga can be practiced only when the mind is silenced. In aphorisms 24 to 29 of Samadhi Paad Sage Patanjali clearly states that the attainment of Yogic powers (siddhi) and liberation is possible only by chanting the name of God. In Kali Yuga (Age of Falsehood), only the chanting of the name of God can guide you toward

Moksha (liberation). To evolve on the path of Moksha (liberation), man has to first be free from all forms of sufferings. An ordinary man, such as me, has become the instrument through which this knowledge is manifesting itself. I am not extraordinary. I am just an ordinary man like you. I am seated on a stage while you are sitting on the ground. But that does not make me more important and you less important. This practice is a tradition in the Guru-disciple relation. In this tradition the disciple expresses his faith and respect by sitting at a level lower than the Guru. I want to state this clearly: No Guru is capable of taking or giving anything. We are not different. My body is similar to yours. I experienced a complete change when I surrendered to my Guru Gangainathji. You too, can experience this change. All of mankind -- men and women -- can experience this change. For this, you only need to understand who you are.

I will introduce you to your real self so that you understand who you are. You are not this body. You are the soul that is immortal. Sanatana Dharma says that liberation is not possible without an enlightened Guru. But liberation is not simple. It is not a toy that the Guru hands you when you meet him. The Guru only shows you the way and tells you that if you walk on this path you shall reach your goal. ...And the way is chanting of the divine mantra. In his aphorisms Goswami Tulsidas says that in Kali Yuga one can be freed from suffering only by chanting the divine mantra.

There are many forms of Yoga: Hatha Yoga, Sahaja Yoga, Japa Yoga, Laya Yoga and many others. The divine mantra that I give (Diksha) belongs to the Siddha Yoga tradition. The mantra giving process in Siddha Yoga is known as Shaktipat Diksha (Conferring energy to disciple). There are four ways by which the Guru awakens the disciple's Kundalini (Female energy force): The first is by touching either the third eye (agnya chakra) or the base of the spine (muladhara chakra). Second is by giving a divine mantra. Third is by conferring energy by sight. Fourth is by volition: The disciple takes energy from the Guru without the latter's wish. This happens very rarely. In the past only Eklavya (Hindu mythological character) and Saint Kabir were able to do this.

So, mankind is experiencing a transformation by chanting the divine mantra. This is not some kind of magic or miracle. People pretend to be religious, They want to show the world how religious they are. When asked what religion they belong to, these very people say, "We are Hindu." Then when asked, "What is it like to be a Hindu?" ...Many thoughtful Europeans ask "What is Hinduism?" So the religious people have no answer. They say that Hinduism means ringing temple bells and performing rituals. I say a Hindu is a Completely Evolved Human Being. And this being can be of any race or religion. Hinduism speaks of the complete evolution of mankind.

Sri Aurobindo has also written: "Man is a transitional being. He is not final but he will be." Man is an evolutionary being. He is constantly undergoing change. And he will eventually reach a stage where he is completely evolved. Sri Aurobindo has prophesied that future generations of mankind will have divine bodies. They will attain a divine form. The transformation has already begun. AIDS and Cancer are being cured, and the scientific community is confused by this development. They have no answer for this. The practice of Siddha Yoga involves chanting of the divine mantra and meditation. Firstly, the disciple has to chant the mantra given by the Guru round-the-clock. In the science of Japa (chanting) there is term called "Ajapa Japa." After a few days of continuous chanting, the energy within you will begin chanting the mantra on its own. A poem by Saint Raidas makes this experience clear. He too experienced Ajapa Jap and found that the mantra was being chanted on its own without any mental effort.

In this way, those of you suffering from AIDS, Cancer or any other disease will be freed from your suffering. Sri Aurobindo had said that two mantras will uplift this country. The first "Vande Matram" (Bow to thee, Motherland) was realized in 1906. That we are not allowed to say "Vande Mataram" today is a harsh fact. Aurobindo said that the other mantra would be a Sanjeevani Mantra (revitalizing mantra). The mantra that I give during Diksha is a Sanjeevani Mantra. Let me first explain what the Sanjeevani is. In the mythological epic Ramayana, Lakshmana was struck by a poisonous arrow and he was near dead. Hanuman brought the Sanjeevani herb. When the herb was administered to Lakshmana he

became conscious. The Sanjeevani worked only because Lakshamana had life left in him.

Whatever diseases you may have, whether it is AIDS, Cancer, Hepatitis B, Leukemia etc ...And if medical science has said that it is incurable ...In such a scenario, once you receive this mantra you will not die. In the year 2000 an AIDS case was brought forward to me. The patient's name was Bhanwarlal. He was a patient in Mathuradas Mathur Hospital in Jodhpur. He was taken off the drip and doctors asked his family to him back home as he had only a few hours to live. Someone told Bhanwarlal's younger brother that a Guru says that all kinds of diseases can be cured. They brought him that Thursday evening to me. Bhanwarlal later told me that he was so physically weak that he couldn't talk, open his eyes or move around. He could only hear and understand what was being said to him. He began chanting the mantra as soon as he received it from me. Within 3-4 days he regained sufficient physical strength, and today, 7 years later, he is completely healthy. I hope you understand that the sanjeevani mantra is a tradition of Shaktipat Diksha.

Sri Aurobindo had said that the sanjeevani mantra is mystic and secret and "not yet revealed." The mantra that I give is has the divine power of Radha and Krishna. It is Krishna's Shakti (spiritual energy) that gives you life. Krishna is a complete avatar (incarnation of god). Nothing is impossible for him. However, you and I both know that Krishna is being used for commercial means. Yoga has become a market and it sells rather well. It sells in the west too. Not just in India, but yoga is sold at an expensive rate in the United States of America. So, you have to continuously chant the mantra that I give you. The other thing that you have to do is meditation. The philosophy of yoga says that the body (pind) exists in the universe (Brahman) and the universe exists in the body. If the entire universe exists in the body, then both the positive and negative forces exist within you. Dr R. K. Choudhary, an oncologist and hospital superintendent in Ajmer, visited me in Bikaner in the year 2000. I asked him why cancer cannot be cured. He said that the scientific community does not yet know where the roots of cancer lie. I told him I had watched a report on BBC that said that certain genes in the body

become out of control. ... Some force inspires the cells to commit suicide. In this way, the cells become afraid of the force and obey its orders and begin dying and eventually these results in death. The oncologist agreed with this explanation.

So, listen carefully: The philosophy says that both positive and negative forces are within you. For some reason the negative force overpowers the positive one. The negative force's tendency is to injure and kill and so it begins its work in a cancer patient. In this same patient if the positive energy becomes powerful and defies the negative force then ... the cancer will be cured. To this the oncologist said that this may be possible. So I said that I know that medical science will not readily believe me. After this incident I began telling people to strengthen their positive force and kill the negative one.

This war between positive and negative forces or sattavic (enlightened) and tamasic (dark) tendencies has been going on since time immemorial. Today, negative forces are dominant in the world. A Mr. Bohra from Phalodi came to me. He had Hepatitis B and Leukemia. After 22 days of meditation and chanting the mantra, he said he was completely healthy. When my disciples asked how he was cured, he said here is the Hepatitis B positive report and here I am today completely healthy. Then they asked him for a negative report, and he said all my money was spent on treatment...if you give me Rs 5000 for the test I'll get it done. Now, I don't take money from people, so how will I give someone money? I said forget it. He came for the earlier diksha program and gave an interview to the press. But there is still no negative report... He cannot give Rs 5000 nor can I. Doctors in Mumbai told me that millions of people around the world suffer from this disease. Just as Hepatitis B is cured, so too, all kinds of diseases will be cured. Those of you suffering from AIDS don't be afraid. If an AIDS patient chants the mantra I give, he or she will be cured within 45 days. Not one but thousands of patients are cured. I have stopped collecting medical reports. I already have seven to eight thousand reports from all over the country.

When I asked my disciples, who are doctors, to highlight this matter ...they said that they could not afford to threaten their position within the medical community. AIDS patient Bhanwarlal weighed 144 lbs before he was diagnosed

with AIDS. After the disease took control he weighed 102 lbs. After doing meditation and chanting he now weighs 199 lbs. One of my doctor disciples said that the AIDS patients' condition could be further authenticated if his viral load could be measured. If the viral load is below 50 then it means AIDS is negative. Now I don't know what HIV Viral load or CD4 or CD8 is. I'm not a doctor; these terms are used by the medical community. I started asking patients to check their viral load count. In many the count fell below 20. This means the disease doesn't exist in the body.

In Mumbai a woman's husband died of AIDS in JJ Hospital. After taking the mantra from me and practicing for four to five months, she got herself tested. She was tested thrice. So she asked the doctor why this was done since the results could be confirmed in a single test. The doctor said that since the woman's husband had died of AIDS, she should have the disease too. But she didn't and that is why they were re-testing her. The All India Institute of Medical Sciences (AIIMS) receives reports of AIDS patients cured by Siddha Yoga from all over India. But the problem is that science does not know what the spirit is. It only knows matter. That is why the government does not know on what basis it can highlight Siddha Yoga. But the curing of diseases is possible only because I have undergone a transformation.

If I had I not been transformed, I would not have been able to give you anything too. I started chanting the mantra when I was 42. This year on November 24, 2007 I will turn 81. The chanting brought a transformation in me. If I tell you the mantra, that change will happen in you too. I will not give you anything. Please remember: no one can give you anything. I will show you a method by which the doctor within you can be awakened. I tell both patients and doctors that don't stop taking treatment from the external physical doctor--I don't ever negate science. Science is a truth but it is yet incomplete.

Alexander's guru Aristotle was a great scientist of his time. He said that science is an incomplete philosophy but philosophy is a complete science. Yoga philosophy is a complete science. Science is only supplementary to this philosophy. I have never protested against science. But I do say that there is a

doctor within you. The internal doctor guides the external one and that is the extent of the latter's knowledge. The internal doctor has yet a lot to give you. I only introduce you to this doctor within you. You will have to develop a friendship with him. This means that you will have to constantly chant the mantra I give you.

The chanting will awaken your Kundalini. Kundalini is externally worshipped as a goddess such as Radha, Amba, Durga, Parvati, and Sita. The goddess that is referred by these names is known in Yoga as the Kundalini. It lies asleep at the base of the spinal column at the sacrum-- in a three-and-a-half-layer coiled form with the tip of its tail in its mouth. Through chanting and meditation it awakens and starts rising upwards. It is the earth element and also the mother of the universe -- it rises to meet its master who resides in the crown of the head (sahasrara chakra). When awakened the kundalini will stand up straight and will attempt to rise upwards. So how can it rise? Only when it is propelled can it rise.

Yoga says that there are five types of vayu (air): Prana, Apana, Udana, Samana and Vyana. Each of these vayu perform specific tasks in the body. Apana vayu throws out the discharges of the body produced below the navel area. The Kundalini can rise upwards only when Apana vayu propels it. Yoga philosophy is completely scientific. Just as a rocket is propelled by combustion of fuel, so too, the Kundalini requires such a force to rise upwards. In this process the practitioner experiences three types of bandha (locks). All three are formed on their own without any effort on your part.

All you have to do is think of me at the agnya chakra (third eye) and chant the mantra. You don't have to do anything besides this. And if you do not practice this method seriously and do not experience any change, then go to another Guru. Accepting someone as your Guru is not a formality or something to take lightly. When a Guru gives diksha, you are born again. After taking diksha if you continue behaving the way you did before then what is the point of accepting the Guru? However, nowadays the tradition of Gurus has become a profession where they give blessings.

Gurudom has become a profession of ill-repute. When a Guru comes to a venue, people assume that he must be facing a financial crisis and so has come to make money. There is a general consensus among people about this. And the Gurus have become very open about charging fees. There are many kinds of fees: entry fees, different fees for different mantras. It has become a viable market. In Siddha Yoga, money will have no influence. You cannot make HIV positive into negative by giving a billion dollars. And HIV+ is becoming negative in this country.

If both the internal and external doctors work together, no disease is incurable. This mantra is a Sanjeevani mantra, chant it! If you still have life left within you--whether you have AIDS, Cancer or any other disease -- and if you are not dead and are listening to me -- then you will not die of any disease that doctors have termed incurable. I'm doing this work for the last 16 years and have seen thousands of people being cured. And one more thing: The message is spreading that Yoga can be done with my photograph. I have told the scientific community in the US that I may be able to affect people with my presence -- but the photograph is an inanimate object. How is it that people meditate on the photograph and are cured of their disease? When women in America, thousands of them, meditate on my photograph they experience yogic movements.

I have undergone a rather unique transformation. Let me tell you what this transformation was: I had to meditate because certain events compelled me to do so. A local soothsayer told me that I was under 'Markesh Dasha'. I didn't know what 'Markesh' was. When I asked its meaning I was told that a constellation of planets cast a spell of death. I asked if it was possible to prevent it and I was told to chant the Gayatri Mantra as a remedy. I chanted the Gayatri mantra 125,000 times and performed a havan (lighting a sacred fire) along with it. This created a light within me. Earlier I didn't know what the Gayatri was. But now I know: It is the prayer to invoke and establish divine light within you.

In meditation I saw that there were no organs in my body: no liver, no spleen, no heart, no blood circulation, and no kidney. I thought to myself, "Where did these organs go?" How did this body become a column of light? I asked myself, "One can see the outside world with eyes, how am I able to see what is

inside?" I soon became aware of a buzzing sound, like that of a bumblebee was emanating from the stomach. When I concentrated on the sound I found that the Gayatri mantra was being chanted in then navel instead of the throat. And it was being chanted at an amazingly high speed resolution. I listened to the mantra for a long time. This fantastic vision broke off as suddenly as it had occurred. The gurgling sound of water suddenly gushing out of an open tap in the bathroom had broken off the meditative state. I tried again several times but didn't see the vision again. I didn't understand what had happened to me.

Some people told me that I had attained a Siddhi (spiritual power). They advised me to make commercial use of it. This made me realize that something special had definitely happened to me. I felt that selling such a divine power was not the right thing to do. I will not earn money by such means. People still persisted and when I refused they said I was fool for not making money from this. However, this made me realize that mantras were very powerful.

I then read books by Swami Vivekananda who spoke of the great importance of a Guru. So I accepted Gangainathji from Jamsar as my Guru. Every year his death anniversary is commemorated. This year, on January 3, it will be observed in Jamsar. Whoever wishes to attend it can go. Whatever I have received has been given to me by Gangainathji. I worked as a head clerk in railways. Before his death Gangainathji asked me to carry his work forward. So, I took premature retirement -- seven years before I was due to retire. First I worked for the railways now I work for my Guru. I have merely changed departments. I prayed at my Guru's samadhi (tomb) and asked him to take care of my basic needs; I didn't want any wealth or fame.

This is how I experienced a transformation and all of you can experience it. When you chant the mantra, your kundalini will be awakened and you will experience three types of bandha (lock). When the kundalini rises above the navel you will experience the second type of bandha: uddiyan bandha. It rises further and reaches the throat. As soon as it crosses this point, the practitioner experiences the third kind of bandha: jalandhar bandha. When the Kundalini reaches the top of the spinal column, not many kriyas (movements) can take

place here. This is when the practitioner experiences pranayama (breath movements). Nowadays yoga gurus teach pranayama as the first step of Yoga. But pranayama is the last kriya not first. When the Kundalini rises above the agnya chakra (third eye) the practitioner experiences the state of samadhi (non-dualistic state of consciousness). One cannot know the secret of death unless he experiences Samadhi. If your knee hurts, all your attention will be directed only toward your pain. There is no question of the Kundalini rising above the agnya chakra (third eye).

I belong to the Nath tradition and the nine Gurus of this sect are immortal. Macchindra Nath was the foremost of all Gurus of Kali yuga. In reference to Yoga he has likened the Vedas to the Kalpataru (mythical wish-fulfilling tree) -- and said that Yoga is an immortal fruit of this tree. Yoga frees the practitioner from three major types of disease: physical disease, mental disease and spiritual disease. Doctors are able to tackle physical and mental disease but spiritual disease is out of their realm of experience.

I have stated clearly in the west that humanity's problems can be solved only when matter and spirit are used together. In this manner, all kinds of physical diseases such as arthritis, asthma, diabetes and many others will be cured without medicine -- when you undergo yogic movements during meditation. Many people ask whether they should continue taking medicines (drugs) or not. My experience over the 10 years has shown me that when you take medicines and meditate, your faith is divided. In such a case the disease may take longer to be cured, even three to four months. If you only chant the mantra and not take any medication, you will be cured in 45 days. And many are cured. Of course, this depends on the patient's physical strength. If he is extremely weak and can't move about, then he may continue taking medication. But if he has sufficient strength to move around, then he does not need to take medication. Whatever may be the disease, this sanjeevani mantra cures everything. You will not die of this disease.

I am putting forward this fact as a challenge for the last 10 to 15 years. But the condition to being completely cured is that you have to accept me as a Guru.

If I hadn't accepted Gangainathji as my Guru none of this would have happened to me. All this is happening because of his grace.

Sri Aurobindo has said that the Guru gives mantra from the Vedas, Upanishad or the name of God. When the Guru does so, it is his voice that has a powerful effect. Those of you who have come here for the first time, don't understand how all this will happen. This voice that you are listening to is coming out of an enlightened body not an ordinary one. Of course the enlightenment happened because of samskaras (imprints) of past lives. In 1984 I attained Krishna's siddhi (power). So this way I attained two siddhis (powers) -- Gayatri (female divine) and Krishna (male divine). Our philosophy says that there are two ways to realize the self. One way is to take diksha from a sanyasi (ascetic) and chant a mantra. The other is by going to temples such as Krishna's and performing rituals. By both these methods practitioners attain moksha. For moksha the practitioner has to ascend toward his master who resides at the crown of the head (sahasrara chakra). Sri Aurobindo has said that if a man evolves to a state where he attains these two siddhis: Gayatri and Krishna -- in one physical body and in that very life, then this indicates the freedom of all of mankind from suffering. If one can attain this state, then all of mankind can attain it. All of you can be like me. This is not a miracle or wonder. You may be astonished because this has never happened before. But it has happened to an ordinary person like me who has no substantial material means.

In today's world money is all powerful. But if diseases could be cured by material wealth, America would've cured all kinds of diseases long ago. Why are people coming to me? Lots of people are coming from Mumbai and Gujarat. The whole of the country goes to Mumbai for treatment but those very people are coming to me. This is because I have conducted a lot of programs in Mumbai.

So, you have to chant the mantra and when you meditate you will experience yogic kriyas (movements). These movements in turn will cure all kinds of physical diseases. There is a disease called thyroidism. It is cured by the meditation in seven to eight days. Otherwise the patient has to take medication all his life and visit the doctor two to three times each month. The patient has to

consume different doses of medication. With the meditation, the medication can be stopped in seven to eight days. Thyroidism is of two kinds: hyper and hypo.

The curing is not a miracle. This progress is due in mankind. The Rig-Veda says that the body is composed of seven types of sheaths (kosha) -- the soul (atman) pervades all seven sheaths. The Vedic sages explain the function of each sheath. They begin with matter: Annamaya kosha is composed of food stuff. The second is Pranamaya Kosha (air-apparent sheath) then Manomaya Kosha (mind-stuff-apparent sheath) then Vigyanamaya Kosha (wisdom-apparent sheath). The west has highly developed the Vigyanamaya Kosha. I went to America to inform people that science (Vigyanamaya kosha) is not the ultimate of human progress. The next three kosha will be awakened in mankind. These are Sat (Being), Chit (Becoming) and Ananda (Bliss). This is what we commonly refer to as Sachidananda. Lord Sri Krishna was referred to as Sachidananda. The mantra diksha that I give is of his name, it is in the name of Radha-Krishna.

When humanity will evolve through Siddha Yoga, no disease will be incurable. I'm doing this practically. First I only told people about it but people don't do what they are told to do. So, I have stopped telling people and am showing practical results. Experiment with it and the results will be obvious. You will not be charged a single penny and AIDS, Cancer and other diseases will be cured. The only condition is that you will have to accept me as your Guru and not add to or alter the mantra in any way. Some people add 'Om' at the beginning or 'Namaha' at the end of the mantra, this is not done.

Adi Guru (Fore most Guru) Shankaracharya spoke of Advaita (non-dualistic) philosophy and practically proved its principles. Do you know what Advaita philosophy is? It means that two entities don't exist. There is only one eternal being who resides within you and all of mankind. This is Advaita philosophy that I'm manifesting in the world. Adi Guru Shankaracharya had already proved this -- but our culture experienced a period of degeneration and that is why this knowledge was lost. But now this knowledge has resurfaced and will spread through the world. So, the last three sheaths will be evolved.

Keeping this turn of evolution in mind, Sri Aurobindo had said that the future generation of mankind will attain divine bodily-form. In this way, all kinds of physical disease will be cured by Siddha Yoga without medication. The other kind of disease is mental disease. 80 per cent diseases are caused by psychological disorders or by stress. There is no medication to cure stress. All doctors can prescribe are sedatives that have an effect for four to six hours and after it wears off the stress is back.

Doctors are not able to get rid of stress. The sedatives are actually intoxicants and are a temporary treatment. While we agree that it is so, the intoxication should not be caused by matter but by spirit. The mantra that I give, which is in the name of Krishna, will begin to give you joy. Indian mystics and saints have referred to this joy as "naam khumari" (intoxication by chanting). Guru Nanak has said that intoxication by drugs wears off the next morning but intoxication by chanting never wears off. Another Indian saint, Kabir, has said that intoxication by chanting does not wear off-- Instead, the intoxicating joy it gives grows every day. In the Bhagwad Geeta, Lord Sri Krishna has referred to this ananda (joy) as divine ananda, eternal ananda -- infinite ananda, unique ananda, unparalleled ananda and ananda produced by meditation on God. There are five shloka (poetic verse) in the Geeta about this: The 21st shloka in the fifth chapter and four shloka from the sixth chapter -- 15, 21, 27, 28. So, intoxication by medication wears off and intoxication by chanting the mantra does not.

This is why diseases and illnesses caused by stress are being cured by the intoxication brought on by chanting. Yogic Kriyas (exercises) caused by the awakening of Kundalini, cure the body of all kinds of diseases. First your body will assume an asana (posture) and then you will experience bandha (locks) and then the Kundalini will ascend to the agnya chakra (third eye) and when it reaches the crown of the head (sahasrara chakra) the practitioner will experience samadhi (non-dualistic state of consciousness). For freedom from all kinds of diseases it is important for the practitioner to experience samadhi.

However, nowadays yoga teachers train students to perform these yoga postures and movements. If exercise has to be done, then physiotherapists are doing

a better job than these yoga teachers. So in this way all kinds of mental and physical diseases are cured and one also gets freedom from addiction. The west is troubled by its dependency on drugs. They say to me, "We don't fear God. But we do fear heroin. It will be the end of us; we can't rid ourselves of it." Many people are not able to free themselves from addiction to opium, cigarette and alcohol. But Siddha Yoga frees a person from addictions in a few days.

Freedom from addiction is brought about by a change in vritti (tendencies). The human body is composed of three tendencies: tamas (darkness), rajas (dim or colored), sattva (pure or lighted). The tamasic tendency demands the consumption of drugs, meat, alcohol etc. Science cannot put an end to this demand. It tries to forcibly stop the consumption. In the tug-of-war between the addict and science, the addict falls prey to disease. For instance, if you suddenly stop the dosage of an opium addict, he will surely die. In the village of Kirada in the city of Hissar, Haryana state a man would inject himself with 10 to 12 shots of heroin every day. When his family found out, they took him to the All India Institute of Medical Sciences (AIIMS) for treatment. Doctors there told the family that he was in such a critical condition that if they forcibly took him off the heroin, he would die in 10 days. If they didn't do this, he had a chance of surviving for the next two years. He came to me, and within five to six days his addiction came to an end. Today he is alive and healthy. Doctors say that according to the principles of medical science he should be dead. But he is alive! He is in the agricultural sector and drives a tractor.

So why did this happen? Science cannot change vrittis (tendencies). When Swami Vivekananda was delivering a speech in America, a man asked him how Americans could practice Yoga since yoga philosophy is known to require the practitioner to be vegetarian and non-alcoholic -- and most Americans were meat-eaters and also consumed alcohol. Swami Vivekananda answered, "You need not give up the things, the things will give you up." Many saints sermonize on the vices of eating meat or drinking alcohol -- But does anyone pay them heed? Then why should anyone listen to me? I say don't quit using the substance you are addicted to. If you drink alcohol, and drink one pint a day, start drinking

one and a half from today. Yes! I say that as a challenge! But on the condition that you also chant the mantra. Chanting and addiction cannot exist together, one has to leave. Thousands have been freed from addiction. I have lost count, it could be millions. In Barmer city many were freed from addiction just by meditating on my photograph.

The scientific community is troubled because it cannot understand how my photograph is having such an effect. I underwent a transformation, that too without desiring it. I didn't want to be what I am today. I was just like you, a materialistic man with an ego. In this way, you are freed from addiction, cured of physical disease and mental illnesses. And when this happens, you at least have material happiness. Lord Krishna has said in the Bhagwad Geeta (Chapter 4): "Whenever righteousness falls and unrighteousness grows, the Almighty reveals His presence! The Supreme though unborn and undying, becomes manifest in human form to overthrow the forces of ignorance and selfishness." That period is here that Krishna speaks of. All religions in the world today are in the same fallen state. This includes Hinduism too!

I went to Israel; Jews are in a state of loss. In America too, people are in this very state. Everywhere the same thing is being said in terms of religion: "Look what great deeds Christ, Moses, Mohammed performed." And Hindus say, "How great Ram, Krishna and Buddha were." Everyone urges you to look at the past. You are looking back at the past and surging ahead...you are bound to stumble and fall into the pit in front of you. Not one talks about the future. There is only death in the future. And no one knows what death is. No one knows anything about what lies ahead in time. All religions in the world are stumbling and falling.

All those who talk about Patanjali Yoga philosophy forget to mention that in third chapter of Patanjali Yoga Sutra called "Vibhuti (Powers) Paad" Patanjali has said the practitioner attains "Pratibha Gyana" (intuitive knowledge). With this knowledge he / she attains six types of siddhis (powers). By attaining the first siddhi the practitioner, during meditation or in a state of Samadhi, is able to see and hear events from unlimited past and future. He can see and hear through the third eye. Only when the third eye, also known as the tenth door, opens will yoga

and meditation take place nothing can happen without it. That is why the practitioner has to concentrate on the Guru's image at the third eye. The Guru (divine force) arrests the mind. The Guru is a gravitational force. This body is not the Guru. This body will die in a few years. The Guru is within you. The science of yoga does not value time and space. I am within you and you are within me. Whenever and wherever you remember me, I'll be present. If a Guru is a true Guru, then he is omnipresent. But if the Guru is a professional one, then he will give you blessings will keep whatever you have offered him and will be happy with this. Nowadays this does happen; even fees are taken from seekers.

When the first AIDS person was cured, I challenged the west to take a billion dollars and cure someone with HIV / AIDS. But patients are cured for free by doing this meditation. So, when you meditate you will be able to see and hear unlimited past and future. Even science accepts that when a sound is released, it is never destroyed. It exists in the universe... you only need the right kind of instrument to latch on to its vibration. Yoga philosophy says that if there is the word and its sound then there must be the speaker too... yoga says that it is possible to see and hear this speaker talk. Just as scenes from a cricket match are replayed on TV in the same way scenes from the past are replayed to the practitioner during meditation.

But done is done. What has happened, for example in the Mahabharata, cannot be undone. But the practitioner can know for sure what will happen in the future. This is an open challenge for science! But they are not accepting this challenge. The west very proudly claims, "Science is God." In America I said absolutely wrong! "God is Science." They didn't respond to that. God created man, and man attained knowledge of science much later. And then man made science his God! Then why can't your "God" (science) cure diseases? Our God (Yoga) is curing all kinds of diseases.

During meditation in a vision of the future you may see the death of many of your acquaintances. The one who is born has to die. Whether at the age of 20, 30, 50 or 100. You all know that death is inevitable; there is no way to escape it...then why fear death? Maya (illusion of duality) has made death so frightening

that no one wants to accept its reality. But death does not spare anyone. The meditation and chanting will break the spell that Maya has cast over you and the mystery of death will be revealed to you. And when this happens, you will begin to see death as a boon given by God to free you from the cycle of life and death. Then you will await death and accept it without any fear. Saint Kabir has said in poem that he welcomes with joy that death which the whole world fears and awaits his death so that he can finally attain liberation. You will reach this state of consciousness in this very life irrespective of your caste, creed or religion.

Kashmiri Shaivism talks about the evolution of all mankind. I'm bringing about a realization of this philosophy. Once you attain intuitive knowledge you will foresee the death of many of your acquaintances and they will die in exactly the way you saw them dying during meditation. If one dies in the way you saw it, you may pass it off as mere coincidence but when many of them die in the way you saw during meditation... then a thought will cross your mind, "I'm not immortal, I will die too." Then you will see how you will die and at your approximate age when death will come. When you see your own death you will be afraid. Until now you have seen only others' death and you don't care much about that! And when you see your own death, all your actions, both good and bad, will flash before your eyes, You can hide things from the world but you can never hide the truth from yourself. And then you will sincerely pray to God, "Oh God, I know you are kind, I have heard you are very kind...I have made many mistakes, I was an idiot. Please forgive this one time; I will not repeat this mistake again." Then with all his concentration, the practitioner prays to God. Then his gaze is turned inward and he realizes that the whole universe is within him and if the universe is within him, the creator of the universe is within him too. He will realize the divine within him, and realizing the divine means freedom from the cycle of life and death. This is my objective.

My objective is not disease. I have never said that I cure diseases. Diseases are cured by the divine force within you. But you are getting yourself treated by doctors. Once you connect with the force within you, see how quickly you will be

cured. And a lot of people are cured, that is why they are coming here from all corners of the country.

Saint Kabir has compared the body to an earthen pot filled with water. This pot is immersed in water. So, there is water in the pot and also outside it. The clay of the earthen pot begins to disintegrate little by little And soon the pot crumbles completely. As soon as the pot crumbles, the water in the pot and outside it becomes one. This body that you value so much is nothing but a pot that will crumble after a while.

If you want to be liberated from this cycle of life and death, you must meditate and chant the mantra all the time. Don't stop chanting, it is the key to liberation. Only when you experience the intoxicating joy of chanting... Will you also be able to experience deep meditation, Chant the mantra all the time – when you are working, eating, going to the toilet, bathing etc. There are no restrictions. One important thing though: if you chant this mantra aloud you will have to perform all sorts of rituals along with it. Silent chanting does not require any sort of rituals; anyone can do it.

So, this is a practice that can bring about a great change in your life. Now I will give you the mantra. Before I give it, I will first explain some principles about the mantra. Sri Aurobindo has said that only the mantra given by a Guru has an effect. The mantra uttered by the Guru works. Reading a mantra in a book will not have any effect. Sri Aurobindo has called the mantra “secret” and “mystic.” Only by chanting God's name can all your problems come to an end. Someone who has never chanted God's name should not preach about God. I chanted the mantra out of necessity.

Circumstances forced me to chant and that has brought me here today. It is my Guru's command to not turn anyone away empty-handed. But to receive grace you must be an open instrument...If you close yourself, you will not receive anything. Also important is your surrender to the Guru. He does not want anything else from you. I have said that my voice is transformed. I will tell you what that means. Swami Vivekananda was once asked to give a speech in

America. In his past speeches in America he had spoken all that he had read in books. In this speech he didn't know what to say as he had spoken all that he knew. Nonetheless he stood on the stage and began speaking. After the speech ended he said that he didn't know what he had spoken today. But the applause was louder than what he had received for all the other speeches. He then said that "I was under the false belief that I was speaking...but in truth, it was my Guru Ramakrishna Paramhansa speaking through me." Unlike Vivekananda I don't have any such false belief. I know I'm not speaking. It is my Guru, Gangainathji, who speaks. I'm just a microphone for him. This is his voice, not mine – and that is the truth! I will tell you the mantra now.